

The Bluebells

Our home-from-home

The Bluebells is our welcoming family hub in the Hampshire village of North Waltham - a calm, safe and inclusive place designed entirely with families in mind.

Here, families can:

- Enjoy restorative breaks or day visits
- Relax, recharge and reconnect together
- Take part in gentle activities and shared experiences
- Simply be a family, without pressure or expectation

Families visit us from across England to rest, reconnect and make memories that matter.



What our families tell us

Families often say that time with Sebastian's Action Trust helps them:

- Feel understood, supported and less alone
- Connect with other families who truly get it
- Protect their dignity during difficult times
- Strengthen family bonds
- Build confidence and emotional resilience
- Create treasured memories together

We can't change your circumstances, but we can offer a community that understands, alongside moments of comfort, joy and connection for your family.

We're here for you

If you would like to explore support for your family, we're here to listen.

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🌐 sebastiansactiontrust.org



Here for your family

Supporting families navigating life-limiting childhood illness

Holding families together

Caring for a child with a life-limiting illness can be exhausting, emotional and isolating, and it affects the whole family.

At Sebastian's Action Trust, we gently wrap families in care during some of life's hardest moments. We offer warmth, connection and time together, delivered by a small, experienced team who take the time to really know you.

Whatever your family is facing right now, we are here to offer care, understanding and a place where you don't have to cope alone.



Who our support is for

We support families of children and young people with life-limiting and life-threatening conditions, including those with complex or additional care needs.

Our support is for:

- Children aged 0-18
- Parents and carers
- Brothers and sisters
- Grandparents and wider family members

How we care for you

Our support is flexible, thoughtful and shaped around what matters most to you.

Time together

Opportunities to enjoy family time away from hospitals, appointments and routines, with practical support such as transport if needed.

Emotional support

A listening ear, reassurance and understanding from people who truly get it.

Connection

Gentle chances to meet other families who share similar experiences, reducing isolation.

Moments of joy

Fun, creativity and meaningful experiences that create positive memories, even during difficult times.

Bereavement support

Compassionate care and guidance for families, respecting their needs and choices throughout their experience.

