# Contrelle® Activgard

Bladder support for women

A simple device to reduce or stop bladder leaks

Stress Urinary Incontinence (SUI)







# Stress Urinary Incontinence (SUI)



## Are you a mum of one, two, three or more kids?

Is your bladder not as strong as it used to be?

Have you ever laughed, coughed, sneezed, exercised and leaked a little?

Maybe you have given up running, going to the gym, playing with

the kids, socialising with friends and family because of

fear of bladder leaks.

#### You're not alone.

Bladder leakage, or urinary incontinence is a common condition that affects **1 IN 3** in the UK at some stage of their life. Frequent or occasional it can vary from a few dribbles to a complete loss of bladder control.

### What causes stress urinary incontinence?

- Pregnancy / childbirth
- Menopause
- Chronic cough
- Obesity

It's a mechanical issue that results from insufficient support to the bladder.



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